



PINK POWER JUICE

SERVES 2, MAKES 600 ml

INGREDIENTS

- 3 cups chopped apples
- 1 cup chopped beetroot
- 2 cups chopped carrot
- 2 cups chopped cucumber
- 3 coins ginger
- 2 teaspoons lemon juice

METHOD

1. Simply juice all the ingredients together,
2. Add the lemon juice from the top and serve.

Substitution You can replace apples with pears.